

1 30 Day Lesson Plan for TOEFL Speaking from the Online TOEFL Course called [The 7-Step System to Pass the TOEFL iBT](#).

30 Day Lesson Plan for the Online TOEFL Course  
"The 7-Step System to Pass the TOEFL iBT"  
with an Emphasis on Speaking

## Speaking Bootcamp for TOEFLers!!!!!!!!!!!!!!!!!!!!!!

Instructor Michael Buckhoff

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Are you tired of not getting 26 points or higher on the speaking section of the TOEFL exam? If you answered "yes" to this question, then this is the 30-day speaking plan that you are looking for. There are several benefits to using this study plan:

- A three-prong approach helps you improve your delivery, language-use, and topic development issues.
- Complete pronunciation and speaking practice tests and get quality feedback from a TOEFL speaking mentor who has more than 22 years of TOEFL teaching experience.
- You get unlimited access to the comprehensive, reasonably priced Online TOEFL Course "The 7-Step System to Pass the TOEFL iBT."
- Study plan can be used for several months at a time, all the while giving you new practice each month.

To get the most benefit from this 30-day study plan, remember that it may take you 45 hours of speaking and language use practice to move your score one point higher. Therefore, improving your speaking score from 23 to 26 could require 135 hours of practice on your part. To help you, I have designed this course to help you maximize your learning by providing all sorts of practice (And this course will provide you with all the practice that you need!). Everything you do in this course will help you to improve your speaking proficiency.

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Day 1:

[Join this course](#); Complete Pronunciation [Pre-Test for Vowel and Consonant Sounds](#) and e-mail parts A-B to mbuckhoff@aol.com

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Study tip for vocabulary: Learn 10 words every time you study Vocabulary Lessons 3-6. Write each word onto a note-card with the word on one side and a sample sentence, a definition, and parts of speech on the other side.

Study tip for grammar: Keep a grammar journal so you can write down new structures that you are learning. Also, correlate any grammar problems that you are having with your speaking feedback and match those problems to the lessons in this section of the course. For example, if your TOEFL speaking mentor tells you that you are having some trouble forming or using adjective clauses, then you should make it a point to review that lesson in this part of my course.

Day 2:

Watch the video: [Lesson 1: Paired-Choice Independent Speaking Task](#)

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Study tip for speaking practice: You MUST send me speaking practice if you want to improve. Be brave and do not be afraid to hear my comments. Remember, as your TOEFL speaking mentor, you are paying me to help you improve your speaking, and it is impossible for me to help you if you do not send me regular speaking practice. "Hearing is good, seeing is better, but doing is best," says a famous educator. You must do things in my course if you want to get better! Therefore, send me your speaking practice, listen to my comments, follow my suggestions, and you will get better.

Read [Lesson 1.1: Question from Medard, "How do I improve topic development for TOEFL speaking?"](#)

Read [Lesson 1.2: Two Tips for TOEFL iBT Speaking](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

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Study tip for listening and reading practice: Focus on taking notes on the main and most important supporting points of these passages. Use your notes to answer the comprehension questions if you want to measure your listening or reading comprehension. Most importantly, use your notes to make 60-second oral summaries of what you read or listen to so you can evaluate your responses for self-study purposes.

#### Day 3:

Study [pronunciation lessons](#) for vowel and consonants, especially focusing on the lessons I recommended in your pre-test feedback.

Study tip: Read out loud, a process called tracking, with Michael as you practice all Speak Clearly lessons; this will help you to improve your intelligibility. In addition, since there is a reading passage near the end of each pronunciation video, you can also practice your integrated speaking skills by making oral summaries of what you read or listen to. Make voiced recordings of your oral summaries so that you can listen to and evaluate them for self-study purposes.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

#### Day 4:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [How to Make your Speaking Coherent](#)

Read [Lesson 1.3: "Why do I keep getting 22-23 on TOEFL Speaking Section?"](#)

Read [Lesson 1.4: "How do I answer this TOEFL independent speaking prompt?"](#)

Study tip: As you watch the videos and read the independent and integrated speaking lessons, take notes and use your notes to make 60 second recorded responses to what you are learning. This will help you learn what is being taught, and it will give you much needed integrated speaking practice. Speaking about what you watch and what you read will also help you to improve your vocabulary and grammar practice.

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

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Day 5:

Study pronunciation lessons for [vowel and consonants](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 6:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [Lesson 1.5: Why Keeping a Journal Maximizes your Learning](#)

Read [Lesson 1.6: Getting a high TOEFL speaking score: Four things you need to know!](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 7:

Study pronunciation lessons for [vowel and consonants](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 8:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Watch the video: [Lesson 2: Free-Choice Independent Speaking Task](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

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Day 9:

Study pronunciation lessons for [vowel and consonants](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 10:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [Lesson 2.1: A Review of Lesson 2 "Free-Choice Independent Speaking Task"](#)

Read [Lesson 2.2: Do You Excel in These Three Areas?](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 11:

Study pronunciation lessons for [vowel and consonants](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 12:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [Lesson 2.3: A Model Response](#)

Read [Lesson 2.4: Four Language-Use Tips for TOEFL iBT Speaking Section](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

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Day 13:

Study pronunciation lessons for [vowel and consonants](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 14:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [Lesson 2.5: TOEFL student scores 27 by focusing in this one area](#).

Read [Lesson 2.6: Getting a high score!](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 15:

Complete Pronunciation [Pre-Test for Syllable Division and Grammatical Word Endings, Word Stress, Sentence Rhythm, Intonation, Thought Groups, and Blending](#) and e-mail parts A-B to mbuckhoff@aol.com

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 16:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 17:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

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Day 18:

Choose any ONE [independent speaking topic 1-300](#) and e-mail your 45 second response to mbuckhoff@aol.com for evaluation. Complete any TWO [independent speaking topic 1-300](#) and make 45 second audio recordings for self-evaluation.

Read [Lesson 2.7: "Sometimes I cannot create a flow in my thinking to answer TOEFL speaking tasks."](#)

Read [Lesson 2.8: Using examples in your TOEFL independent speaking tasks: How to improve topic development](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 19:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 20:

Complete [Practice Test 1: Reading, Listening, Speaking \(Casual\)](#) and send your response to mbuckhoff@aol.com; complete integrated practice tests 2-5 and make 45 second voiced recordings for self-evaluation purposes.

Watch the video: [Lesson 3: Integrated Speaking Task 3 \(Reading, Listening, Speaking: Casual\)](#)

Read [Lesson 3.1: Templates for TOEFL Integrated Speaking Number 3-4](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 21:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

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Day 22:

Complete [Practice Test 6: Reading, Listening, Speaking \(Academic\)](#) and send your response to mbuckhoff@aol.com; complete integrated practice tests 7-10 and make 45 second voiced recordings for self-evaluation purposes.

Watch the video: [Lesson 4: Integrated Speaking Task 4 \(Reading, Listening, Speaking: Academic\)](#)

Read [Lesson 4.1: How to Prepare for Academic Speaking Tasks 4 and 6 \(Read this if your speaking score is between 18 and 25 points.\)](#)

Read [Lesson 4.2: TOEFL Integrated Speaking: Things Are Looking Up in my Class!](#)

Read [Lesson 4.3: Use this Template to Answer this Speaking Task](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 23:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 24:

Complete [Practice Test 11: Listening, Speaking \(Casual\)](#) and send your response to mbuckhoff@aol.com; complete integrated practice tests 12-15 and make 45 second voiced recordings for self-evaluation purposes.

Watch the video: [Lesson 5: Integrated Speaking Task 5 \(Listening, Speaking: Casual\)](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 25:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson



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Day 26:

Complete [Practice Test 16: Listening, Speaking \(Academic\)](#) and send your response to mbuckhoff@aol.com; complete integrated practice tests 17-20 and make 45 second voiced recordings for self-evaluation purposes.

To get an independent evaluation of your TOEFL speaking, complete a section-specific speaking practice test from [ScoreNexus](#).

Watch the video: [Lesson 6: Integrated Speaking Task 6 \(Listening, Speaking: Academic\)](#)

Read [Lesson 6.1: How to Get a High Score on TOEFL Integrated Speaking Task 6!](#)

Read [Lesson 6.2: How do I answer this integrated speaking task in 60 seconds?](#)

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 27:

Study pronunciation lessons for [syllable division, grammatical word endings....](#), especially focusing on the lessons I recommended in your pre-test feedback.

Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 28:

Complete any integrated speaking practice test 1-20 and send your response to mbuckhoff@aol.com; complete integrated practice tests 17-20 and make 45 second voiced recordings for self-evaluation purposes.

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 29:

Complete any integrated speaking practice test 1-20 and send your response to mbuckhoff@aol.com; complete integrated practice tests 17-20 and make 45 second voiced recordings for self-evaluation purposes.

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Language-use practice: Choose any ONE [vocabulary](#) and any ONE [grammar](#) lesson

Day 30:

Complete Pronunciation [Post-Test](#) and e-mail parts A-B to mbuckhoff@aol.com

Language use practice: Choose any ONE [listening](#) practice test and any ONE [reading](#) practice test.

Day 31:

Register and take the official TOEFL exam!